

Year 1



Prayer and Liturgy

We celebrate our prayer and liturgy sessions together as a community.



Together we gather, listen to the word of God, respond and apply his teaching to our lives.

We are learning to grow and love like Jesus.



CST



w/C 15th September 2025



Gather

Song: Here I am to
Worship

Response

Pass the cross around the
class to remember God gave
His only son.

Gospel

John 3:13-17



I liked when we
were praying

I likes the songs

I liked holding the
cross

*We are learning to grow and
love like Jesus.*



w/C 29th September 2025



THE MISSION

THE ROSARY CHALLENGE

TAKE ON THE ROSARY CHALLENGE WITH US THIS OCTOBER. OCTOBER IS THE MONTH OF THE HOLY ROSARY AND YOU CAN JOIN THE MARK 10 MISSION ONLINE EACH WEEKDAY AS WE LEAD A DECADE OF THE ROSARY FROM ST GEORGE'S CATHEDRAL. YOU CAN TRACK YOUR PROGRESS USING OUR RECORD SHEET. THE CHALLENGE IS TO PRAY A DECADE EACH DAY UNTIL YOU COMPLETE ALL MYSTERIES OF THE ROSARY.

Gather

Song: Here I am to
Worship

Response

Pass the heart around

Gospel

Luke 16:19-31



"I enjoy being quiet and
calm"

"I think making our own
prayers is nice to God."



*We are learning to grow and
love like Jesus.*



Church Visit For St Faustina's Feast Day



We are learning to grow and love like Jesus.



w/C 6th October 2025



Gather

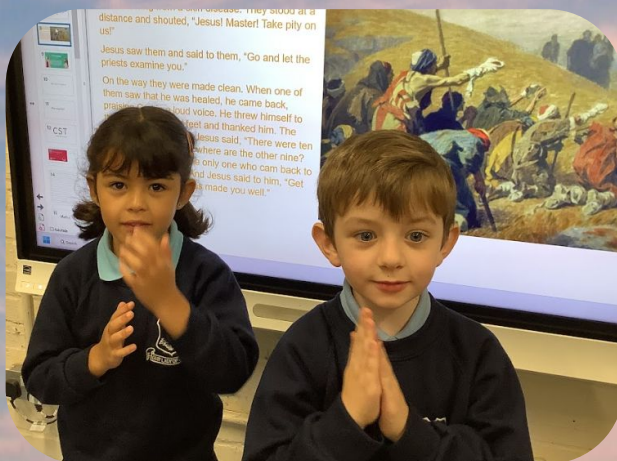
Song: Here I am to Worship

Response

Make the sign of the cross on your forehead with holy water

Gospel

Luke 17:5-10



“ I liked dipping my finger in the holy water”

“We can be kind in little ways”

We are learning to grow and love like Jesus.



w/C 13th October 2025

THE MISSION

SAYING THANK YOU

AT THE END OF EACH DAY, LOOK BACK AND THINK OF ALL THE THINGS WHICH YOU ARE THANKFUL FOR. FOR EACH, SAY THANK YOU TO JESUS. FOR AN EXTRA CHALLENGE, DRAW CLOSE TO OUR LADY BY PRAYING THE WORDS OF THE MAGNIFICAT BEFORE YOU SLEEP.

Gather

Song: Here I am to Worship

Response

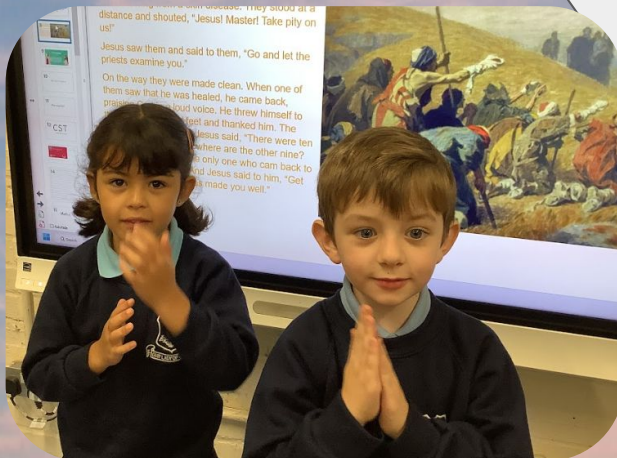
Spontaneous prayer

Gospel

Luke 17:11-19

"I am thankful for my friends."

"I am thankful that I can go to school"



We are learning to grow and love like Jesus.



w/C 9th November 2025

THE MISSION

DEDICATION OF THE LATERAN BASILICA

YOUR HEART IS SO PRECIOUS TO JESUS AND HE WANTS TO HELP YOU GUARD IT. TAKE A PIECE OF PAPER AND ASK JESUS TO SHOW YOU ALL THE DIFFERENT EMOTIONS YOU HAVE IN YOUR HEART. WRITE THEM DOWN, LOOK OVER THE LIST OF FEELINGS, CIRCLE THOSE YOU KNOW JESUS WANTS TO STAY IN YOUR HEART AND CROSS OUT ANY HE DOESN'T. WHEN YOU PRAY, ASK JESUS TO HELP YOU PROTECT THE FEELINGS CIRCLED AND GUARD YOUR HEART FROM THOSE CROSSED OUT.

Gather

Song: Here I am to
Worship

Response

Spontaneous prayer

Gospel

John 2:13-22



“I am thankful for
my friends.”

“I am thankful that
I can go to school”



*We are learning to grow and
love like Jesus.*



Church Visit For St Martin's Feast Day



*We are learning to grow and
love like Jesus.*



w/C 17th November 2025

THE MISSION

WORLD DAY OF THE POOR



PRAYERFULLY THINK ABOUT HOW YOU COULD SERVE THE POOR BOTH TODAY AND IN THE FUTURE. ALSO, THINK ABOUT A WAY THAT POVERTY COULD BE ENDED AROUND THE WORLD. KEEP THIS IN PRAYER AND PERHAPS ONE DAY YOU CAN PLAY YOUR PART IN MAKING THIS PRAYER A REALITY.

Gather

Song: Here I am to Worship

Response

Make the sign of the cross

Gospel

Luke 21:5–19



“It’s nice when we are quiet and saying sorry to God.”

“We should think about the poor people.”

We are learning to grow and love like Jesus.



w/C 24th November 2025



Gather

Song: Here I am to
Worship

Response

Making crowns for the King

Gospel

Luke 21:5–19



“Jesus is the
King.”

“Jesus wears a
crown because he
is special.”

*We are learning to grow and
love like Jesus.*



w/C 1st December 2025

THE MISSION

STAY AWAKE

WRITE A PRAYER, INVITING JESUS TO COME INTO YOUR HEART THIS ADVENT. HE IS THE LIGHT IN THE DARKNESS AND WANTS HIS LIGHT TO FILL YOU WITH HOPE, PEACE, JOY AND LOVE. YOU CAN PLACE YOUR PRAYER BY AN ADVENT WREATH OR ON THE WALL. HOWEVER, IF YOU WOULD PREFER, YOU CAN KEEP IT CLOSE TO YOUR HEART. IT CAN JUST BE FOR YOU AND JESUS.



Gather

Song: Here I am to
Worship

Response

Write a prayer to Jesus

Gospel

Matthew 24:37-44



“ we’ll light one for
Advent’s just
begun”

“ I like that we are
in purple time
now.”

“I will be ready for
Jesus to come
back.”

*We are learning to grow and
love like Jesus.*



Advent Liturgies

Some of our adults joined us for our Advent Liturgies



*We are learning to grow and
love like Jesus.*



Advent Liturgies

Some of our adults joined us for our Advent Liturgies



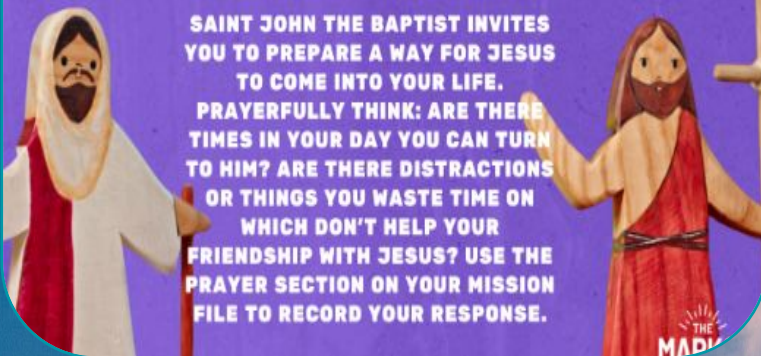
*We are learning to grow and
love like Jesus.*



w/C 8th December 2025

THE MISSION

PREPARE THE WAY



Gather

Song: Here I am to Worship

Response

Pass the heart around

Gospel

Matthew 3:1-12



“Its four bright candles, we’ll light two.”

“It’s almost close to when Jesus is born.”

We are learning to grow and love like Jesus.



w/C 5th January 2026

THE MISSION

THE EPIPHANY

PLAN A TREASURE HUNT FOR JESUS. MAYBE YOU'D LIKE TO LAY CLUES ALONG THE WAY. THE END GOAL IS TO FIND A PLACE THAT YOU AND YOUR FRIENDS CAN MEET WITH JESUS. THIS COULD BE THE CHURCH, PRAYER GARDEN, EVEN A COMFY PLACE AT HOME. YOU COULD PLACE A STATUE OF JESUS THERE OR JESUS FROM A NATIVITY CRIB. WHEN YOUR TREASURE HUNTERS FIND THE PLACE, SPEND TIME THERE WITH JESUS. YOU CAN PRAY, SING OR JUST SIT QUIETLY ADORING HIM IN YOUR HEART.

Gather

Song: Here I am to
Worship

Response

Gospel

Matthew 4:12-17, 23-25



"I can choose to
do the right thing."

"I can be loving,
even when it's
hard."

*We are learning to grow and
love like Jesus.*



w/C 12th January 2026

Gather

Song: Here I am to
Worship

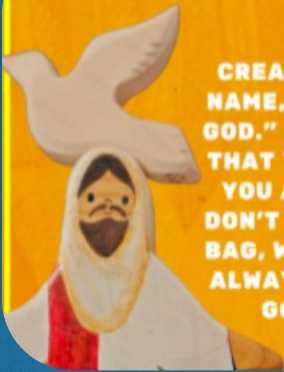
Response

Pass around the pebble /
cross

Gospel

Matthew (3:13-17)

THE BAPTISM OF THE LORD



CREATE YOUR OWN ID CARD. WRITE YOUR NAME, SCHOOL AND THE WORDS "CHILD OF GOD." THIS ID CAN REMIND YOU EVERY DAY THAT YOU BELONG TO GOD, ESPECIALLY IF YOU ARE FEELING WORRIED OR LIKE YOU DON'T BELONG. KEEP IT WITH YOU, IN YOUR BAG, WALLET OR PURSE, SO THAT YOU CAN ALWAYS REMEMBER THAT YOU BELONG TO GOD AND HE LOVES YOU SO MUCH!



‘ I love you
Jesus’”

“ I liked when we
did quiet time with
the pebble.”

*We are learning to grow and
love like Jesus.*



w/C 19th January 2026

THE MISSION

BEHOLD THE LAMB OF GOD

YOUR MISSION IS TO BEHOLD JESUS IN THE EUCHARIST. THE BEST WAY IS IN A SACRED PRAYER TIME CALLED ADORATION. YOU COULD MAKE A SPECIAL EFFORT TO GO TO CHURCH FOR ADORATION OR YOU COULD ASK THE PRIEST IF HE COULD VISIT SCHOOL AND ORGANISE ADORATION FOR YOU. MAKE SURE TO SPEND TIME WITH JESUS THERE, LOOKING AT HIM, LETTING HIM LOOK AT YOU AND SHARING YOUR LOVE WITH THE ONE WHO LOVES YOU PERFECTLY.



Gather

Song: Here I am to Worship

Response

Pass around the pebble / cross

Gospel



"I can use kind hands and kind words."

"I can be a good friend like Jesus."



We are learning to grow and love like Jesus.



w/C 26th January 2026

THE MISSION

FISHERS OF MEN

YOUR MISSION IS TO LAY DOWN YOUR ELECTRONIC DEVICES AND READ A PAGE OF THE WORD OF GOD INSTEAD. THAT MEANS FIND A BIBLE AND READ A PAGE, OR MORE IF YOU'D LIKE TO. WHEN READING YOUR BIBLE YOU COULD FIND TODAY'S STORY. IT'S IN MATTHEW'S GOSPEL, CHAPTER FOUR. BEFORE YOU READ, INVITE THE HOLY SPIRIT TO HELP YOU HEAR WHAT GOD IS SAYING TO YOUR HEART PERSONALLY. READ AND BE AWARE OF WHAT STANDS OUT. THEN PRAY AND ASK GOD WHAT HE WANTS TO SAY TO YOU THROUGH THOSE SPECIFIC WORDS.

THE MARK 10

Gather

Song: Here I am to
Worship

Response

Quiet prayer

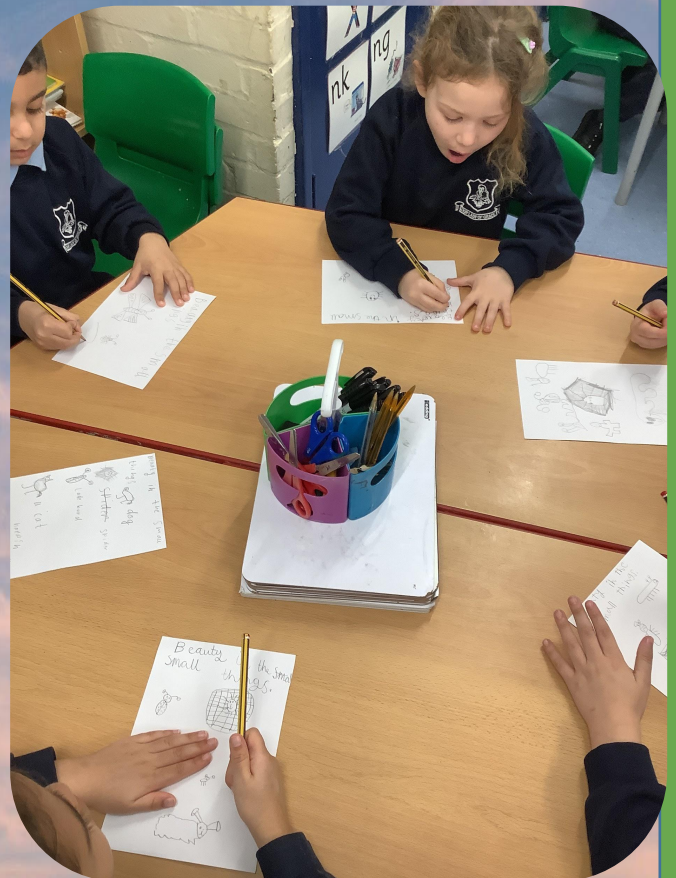
Gospel

Mark 3:22-30



"Dear God, help me to
listen and learn."

"Thank you, God, for my
home and my family."



*We are learning to grow and
love like Jesus.*



w/C 2nd February 2026

THE MISSION

THE PRESENTATION OF THE LORD

SIMEON SENSED THE HOLY SPIRIT GUIDING HIM AT THE START OF HIS DAY. HE KNEW THAT JESUS WAS CLOSE AND THAT HE COULD WELCOME HIM. YOUR MISSION IS TO WELCOME JESUS INTO YOUR HEART AT THE START OF EACH DAY. AS SOON AS YOU WAKE UP, SAY A PRAYER INVITING JESUS TO WALK WITH YOU THROUGH YOUR DAY.



Gather

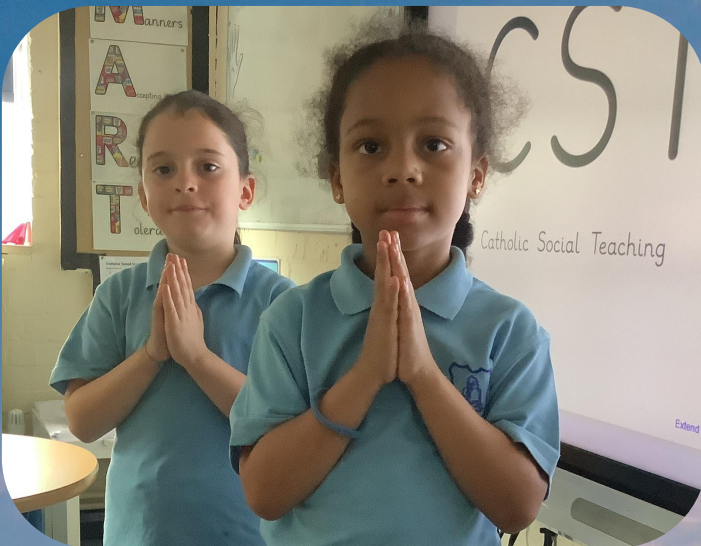
Song: Here I am to Worship

Response

Pass around the pebble / cross

Gospel

Matthew 5:1-12



"Jesus helps me to be brave."

"I can talk to God anytime."



We are learning to grow and love like Jesus.



w/C 9th February 2026

THE MISSION

YOU ARE THE LIGHT OF THE WORLD

JESUS SAID "YOU ARE THE SALT OF THE EARTH, YOU ARE THE LIGHT OF THE WORLD." YOUR MISSION IS TO BE SALT AND LIGHT TO THOSE AROUND YOU, ENRICHING AND BRIGHTENING THEIR LIVES. TO DO THIS, SHARE AN ENCOURAGING COMPLIMENT WITH SOMEONE EACH DAY THIS WEEK. YOU COULD TELL THEM SOMETHING YOU THINK THEY ARE GOOD AT OR A THING THEY DO WHICH MAKES YOU HAPPY. GIVE IT A TRY THIS WEEK AND ENJOY SHARING THE LIGHT OF JESUS.



Gather

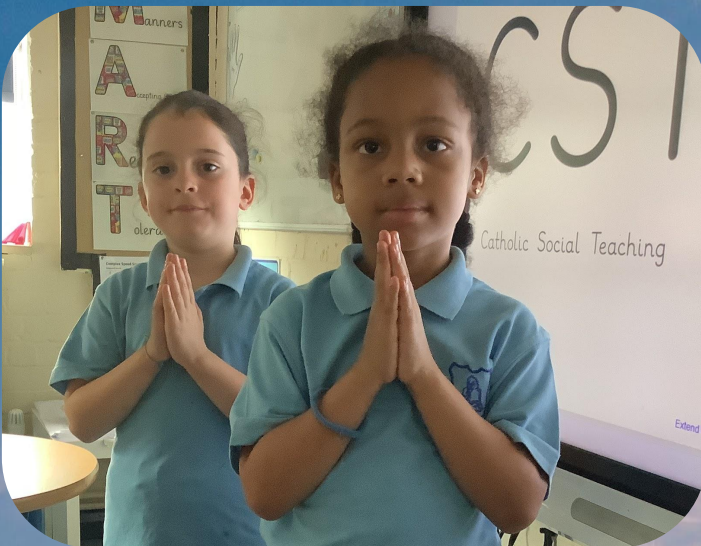
Song: Here I am to
Worship

Response

Think about how you can
live out Jesus' mission

Gospel

Mark 6:53-56



"I can help people
who are sad."

"I can say sorry
and make things
better."

*We are learning to grow and
love like Jesus.*



The year of St Francis
We have been learning about St Francis and why he is special

St. Francis Assisi



Saint Francis of Assisi was a Catholic friar who gave up a life of wealth to live a life of poverty. He established the Franciscan Order of friars and the women's Order of the Poor Ladies. Francis was born in Assisi, Italy in 1182. He grew up leading a privileged life as the son of a wealthy cloth merchant.



St. Francis was born in Assisi which is a place in Italy

Italy is a country in Europe.



We are learning to grow and love like Jesus.



w/C 23rd February 2026

THE MISSION

THE MEANING OF LENT

PRAYERFULLY DECIDE WHAT TO FAST FROM AND SACRIFICE FOR JESUS THIS LENT. ASK JESUS WHAT HE WOULD LIKE YOU TO FAST. REMEMBER, IT SHOULDN'T BE IMPOSSIBLY HARD, BUT IT SHOULD BE QUITE DIFFICULT. THE KEY IS TO SACRIFICE IT FOR JESUS, TO REMEMBER YOU ARE DOING IT FOR HIM AND AS A WAY TO MAKE MORE SPACE IN YOUR HEART FOR HIM THIS LENT.



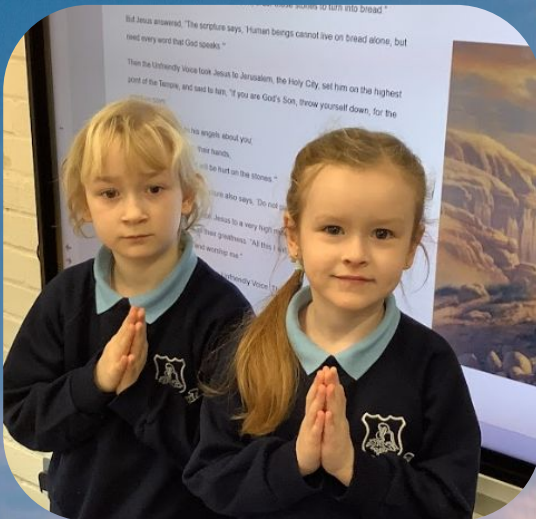
Gather

Song: Here I am to Worship

Response
Quiet prayer

Gospel

Matthew 25:31-46



"I can show love by sharing."

"I can forgive like Jesus forgives."

We are learning to grow and love like Jesus.



w/C 2nd March 2026

THE MISSION

THE TRANSFIGURATION

GO UP THE MOUNTAIN AGAIN. FIND A QUIET PLACE AWAY FROM NOISE AND DISTRACTIONS AND MEET WITH JESUS THERE. ON THE MOUNTAIN WITH JESUS, SPEAK WITH HIM HONESTLY. KNOW THAT YOU CAN RETURN TO THIS MOUNTAINTOP WHENEVER YOU CHOOSE. IT'S A PLACE IN YOUR HEART WHERE HEAVEN TOUCHES EARTH.

Gather

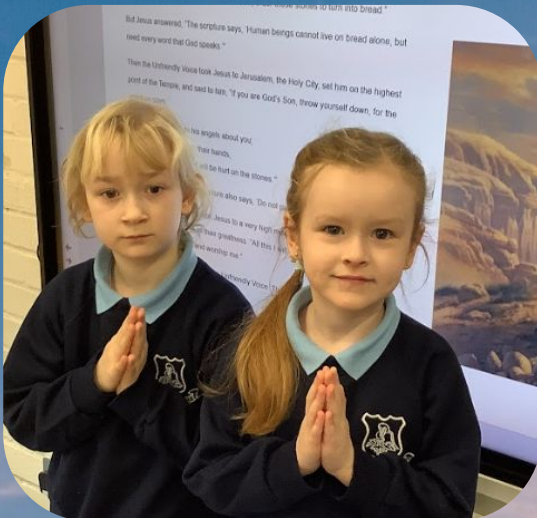
Song: Here I am to
Worship

Response

Place the pebble in the
water

Gospel

Matthew 17:1-9



"Dear God, help us
to make good
choices and be kind
to everyone. Amen."

"Thank you, God,
for our school and
our teachers. Help
us to learn and
grow. Amen."

*We are learning to grow and
love like Jesus.*



Lenten Liturgies

Some of our adults joined us for our Lenten Liturgies



We are learning to grow and love like Jesus.



w/C 9th March 2026

THE MISSION

THE SAMARITAN WOMAN



MAKE A LIST OF ALL THE THINGS THAT YOU THINK JESUS LOVES ABOUT YOU. TRY TO INCLUDE SOME THINGS THAT ONLY JESUS KNOWS ABOUT YOU. JESUS KNOWS YOU SO WELL AND HE DELIGHTS IN EVERYTHING ABOUT YOU, ESPECIALLY THE LITTLE THINGS.

THE
MARK 10
MISSION

Gather

Song: Here I am to
Worship

Response
Quiet prayer

Gospel

John 4:5-42



"Dear God, thank you
for my friends."

"Jesus is my friend, and
I trust Him."

*We are learning to grow and
love like Jesus.*



Stations of the Cross at St Mary and St Andrew's



*We are learning to grow and
love like Jesus.*



w/C 16th March 2026

THE MISSION

JESUS HEALS THE BLIND MAN

WRITE DOWN THREE WAYS YOU SEE JESUS AT WORK AND CLOSE TO YOU IN YOUR LIFE. IT MAY BE THAT YOU SEE HIM WORKING THROUGH OTHER PEOPLE OR PERHAPS THERE IS A TIME AND PLACE WHERE YOU PARTICULARLY KNOW THAT HE IS WITH YOU.



Gather

Song: Here I am to Worship

Response

Draw ways you can see Jesus

Gospel

John 9:1, 6-9, 13-17, 34-38



"Dear God, thank you for my friends."

"Jesus is my friend, and I trust Him."



We are learning to grow and love like Jesus.



w/C 20th April 2026

THE MISSION

ROAD TO EMMAUS



TAKE A WALK WITH JESUS. IT
DOESN'T HAVE TO BE FAR.
WALK WITH HIM QUIETLY,
SPEAK TO HIM IN YOUR HEART
ABOUT WHAT'S BEEN
HAPPENING LATELY AND DON'T
FORGET TO LISTEN TO
HIS VOICE TOO.



Gather

Song: Here I am to
Worship

Response

Go for a quiet walk with
Jesus

Gospel

The Road to
Emmaus



We said our prayers
outside.

We have to show
everyone how to pray.

*We are learning to grow and
love like Jesus.*



w/c 27th April

THE MISSION

GOOD SHEPHERD

CHOOSE TO BE CLOSE TO THE GOOD SHEPHERD. FIND A QUIET PLACE AT HOME, TURN OFF YOUR DEVICES, SIT COMFORTABLY AND CLOSE YOUR EYES. IN THE QUIET, ENJOY BEING CLOSE TO JESUS. YOU CAN SPEAK WITH HIM, LISTEN TO HIS VOICE OR JUST REST IN HIS LOVING PRESENCE.



Gather

Song: Here I am to Worship

Response

Pass around the pebble / cross

Gospel

The Good Shepherd



"Jesus is our Good Shepherd."

"I am safe because Jesus cares for me."

We are learning to grow and love like Jesus.



w/c 4th May

THE MISSION

QUEEN OF MAY



DECIDE UPON A WAY TO HONOUR MARY THIS MAY. YOU COULD DRAW A PICTURE OF MARY, LAY FLOWERS BY HER STATUE OR MAKE HER A CROWN. FOR A MORE PRAYERFUL OPTION, CHOOSE TO SAY A HAIL MARY AT THE END OF EACH DAY.

Gather

Song: Here I am to Worship

Response

Draw a picture of Mary

Gospel

John 14:1-12



"God has a special place for us."
"I can be kind because I follow Jesus."

We are learning to grow and love like Jesus.



w/c 11th May

THE MISSION

YOU ARE NOT ALONE

JESUS MADE YOU A GREAT PROMISE IN THE GOSPEL, THAT WHATEVER HAPPENS, YOU WILL NEVER BE ALONE. HE ASKS THE FATHER AT EVERY MOMENT OF EVERY DAY TO SEND THE HOLY SPIRIT TO BE YOUR HELPER AND GUIDE. YOUR MARK 10 MISSION IS TO WRITE A SHORT THANK YOU PRAYER TO JESUS, THANKING HIM FOR HIS LOVE AND THE GIFT OF THE HOLY SPIRIT.



Gather

Song: Here I am to Worship

Response

Pass around the pebble / cross

Gospel

John 14:15-21



"The Holy Spirit helps me to be a good friend."

"The Holy Spirit is always with us."



We are learning to grow and love like Jesus.



w/c 18th May

THE MISSION

THE ASCENSION

BETWEEN THE ASCENSION AND PENTECOST, THE FRIENDS OF JESUS WAITED AND PRAYED FOR THE HOLY SPIRIT TO COME TO THEM. THIS NINE DAY PRAYER IS CALLED A NOVENA. YOUR MISSION IS TO PRAY EACH DAY FOR THE HOLY SPIRIT TO COME INTO HEARTS, FAMILIES, SCHOOLS AND PARISHES IN A POWERFUL WAY THIS PENTECOST. YOU'LL FIND A NOVENA PRAYER ON THE MISSION FILE.

Gather

Song: Here I am to
Worship

Response

Draw flames of fire



“ Our adults
came to join
our Pentecost
Liturgy”



“We put the red
cloth down for
Pentecost and
the flames of
fire”

*We are learning to grow and
love like Jesus.*



w/c 8th June

THE MISSION

HOLY TRINITY

RESEARCH AND DISCOVER
SOME OF THE SYMBOLS OR
PIECES OF ART THAT HAVE
BEEN USED IN THE CHURCH
TO REPRESENT THE HOLY
TRINITY. MAYBE YOU
WOULD LIKE TO HAVE A GO
AT CREATING YOUR OWN



Gather

Song: Here I am to
Worship

Response

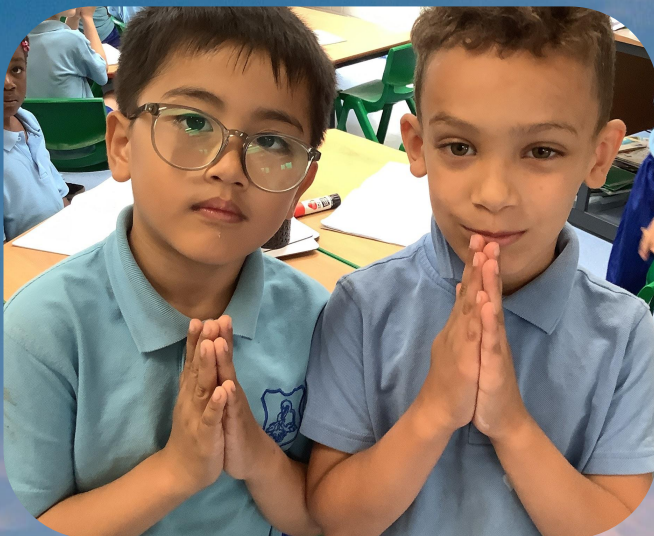
Pass around the pebble /
cross

Gospel

John 3:16-18

"God cares for the
whole world."

"I can forgive my
friends."



*We are learning to grow and
love like Jesus.*



w/c 15th June

THE MISSION

CORPUS CHRISTI

PLAN A TRIP TO VISIT JESUS IN THE EUCHARIST. YOU COULD ORGANISE A LUNCHTIME TRIP TO CHURCH WITH THE HELP OF A TEACHER. ALTERNATIVELY, YOU CAN MAKE A SPECIAL EFFORT TO BE AT MASS EARLY AND HAVE SOME TIME WITH JESUS THERE.

Gather

Song: Here I am to
Worship

Response

Speak out loud to Jesus

Gospel

John 6:51-58



"The bread
reminds us of
Jesus."

"I feel happy when
I pray to Jesus."



*We are learning to grow and
love like Jesus.*



w/c 22nd June

THE MISSION

SACRED HEART



JUNE IS THE MONTH OF THE MOST SACRED HEART OF JESUS. YOUR MISSION IS TO CREATE A SACRED HEART POSTER. AS WELL AS A SACRED HEART IMAGE, YOU COULD ALSO ADD THE WORDS FROM THE SACRED HEART PRAYER FROM THE MISSION FILE. THEN, PUT YOUR POSTER ON DISPLAY!

Gather

Song: Here I am to
Worship

Response
Close your eyes
and speak to God

Gospel

Matthew 9:36-10:8



"Be kind."

"I can be a good
helper at school
and at home."



*We are learning to grow and
love like Jesus.*



w/c 22nd June

THE MISSION

DO NOT BE ANXIOUS

THIS WEEK, TRY TO MAKE AS MANY DECISIONS FOR JESUS AS YOU CAN. THAT COULD MEAN CHOOSING TO DO THE RIGHT THING WHEN IT'S HARD, FORGIVING WHEN EVERYONE IS ANGRY OR SHARING WHEN NOBODY ELSE IS. THESE SIMPLE ACTS ARE A PERFECT WAY OF SHOWING YOUR LOVE FOR JESUS.



THE MAD

Gather

Song: Here I am to
Worship

Response

Pass around the pebble /
cross

Gospel

Matthew 10:26-33



"God cares for the
little birds and He
cares for me too."

"I am special to
God."



*We are learning to grow and
love like Jesus.*



w/c 29th June

THE MISSION

SAINTS PETER AND PAUL

SAY A PRAYER EACH DAY FOR POPE LEO. AS CATHOLICS, WE SHOULD ALWAYS PRAY FOR THE HOLY SPIRIT TO GUIDE THE POPE. EACH DAY THIS WEEK, REMEMBER THE POPE IN PRAYER. SAY SOMETHING LIKE "LORD JESUS, PLEASE BLESS POPE LEO. GUIDE HIM IN ALL HIS DECISIONS AND HELP HIM TO SHARE YOUR LOVE WITH THE WORLD. AMEN."



THE
MARK10
MISSION

Gather

Song: Here I am to
Worship

Response

Talk to you partner about
Pope Leo

Gospel Matthew
16:13-19



"Jesus helps us to
be strong like a
rock."



"I can stand up for
what is right."

*We are learning to grow and
love like Jesus.*



w/c 6th July

THE MISSION

THE PARABLE OF THE SOWER

MAKE YOUR HEART GOOD SOIL BY CHOOSING TO LISTEN TO GOD'S WORD AT HOME. MAKE TIME FOR PRAYER AND READING THE BIBLE. WATCH SOME OF OUR VIDEOS AT HOME. THEY ALWAYS CONTAIN THE WORDS FROM THE BIBLE AND A QUIET SPACE TO PRAY. SEE THE SUMMER BREAK AS A CHANCE TO DEEPEN YOUR FRIENDSHIP WITH JESUS.



Gather

Song: Here I am to Worship

Response

Sing a song of praise to God

Gospel

Matthew 13:1-9



"We need to listen carefully to Jesus."

"When I pray and listen, I am like good soil."

We are learning to grow and love like Jesus.

